

# 32nd Annual Cross-Country Meet

Dear Parents/ Guardians,

Our 32<sup>nd</sup> annual Elementary Cross-Country Meet is scheduled for **Thursday, October 18, 2018**. It will be held at General William Floyd this year. Below is the schedule of times that the grade level students will be running.

## Approximately

- 5<sup>th</sup> Graders: 10:00am-11:00am
- 4<sup>th</sup> Graders: 11:00am-12:00pm
- 3<sup>rd</sup> Graders: 12:00pm-1:00pm

This event promotes *healthy habits, lifelong fitness, and the fight against heart diseases*. Physically educated individuals are better able to care for their own health, use nutrition, and exercise to prevent long term health problems.

Please join us as this is a fun and exciting event for all of the students. We have been spending the months of September and October preparing the student's for this event. We appreciate all of your support and remember to wear your **Purple and Gold** school colors for the event.

Please ensure your child has proper sneakers and clothing to participate. If it is needed, please apply sunscreen before they come to school.

Instruction in classrooms will take place before and after each grade level participates. The students will be bussed to and from GWF with their teachers from HPE.

Thank you,

Mr. Olney & Mr. Parsons  
HPE/GWF Physical Education